



## WEEK THREE MENU - Adult hot meals = £2.50/ Young People hot meals = £1.80

Please note that in addition to the below menu Roman Fields will also have available a selection of sandwiches, fruit, yogurts and drinks

### WEEK 3

#### MEAT OPTION

#### MONDAY



#### LAMB WITH VEG (\*)

Lamb served with new potatoes and veg.

#### TUESDAY



#### CHILLI CON CARNE (\*)

Mild chilli con carne with veg

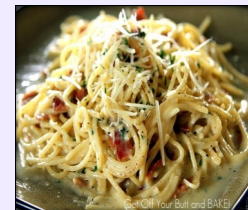
#### WEDNESDAY



#### ROAST CHICKEN (\*)

with roast potatoes and a selection of veg served with gravy.

#### THURSDAY



#### BACON CARBONARA (\*)

Creamy pasta served with bacon. (Dairy)

#### FRIDAY



#### SPICY BEEF WITH RICE WRAP

Served with wedges and veg

#### VEG OPTION



#### CHEESE AND ONION OMELETTE (\*)

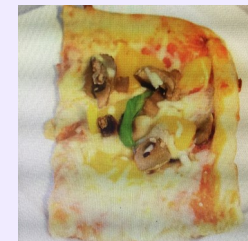
with roast potatoes and salad (Dairy)



#### HOT VEG MIXED WITH COUS COUS (\*)

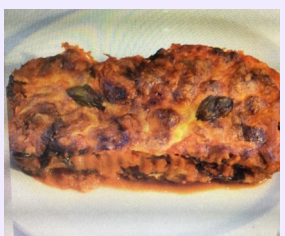


#### MACARONI CHEESE (\*) (Dairy)



#### VEGETABLE PIZZA

Served with salad



#### PARMIGIANA

Layered aubergine, mozzarella, parmesan, basil, tomato sauce served with wedges. (Dairy)

Roman Fields have worked with the Italian Chef to bring to you a delicious menu that offers a variety of food to accommodate most taste buds. However should you be unable to eat anything from the menu due to allergies such as gluten intolerance, we will gladly order in a specific meal for you from the Italian Chef menu—please see their website <http://www.theitalianchef.co.uk/menu/>. Please note such requests need to be made before 12pm the day before the meal is required.



While most pictures have been taken from the Italian Chef website, some have not—the photos with a (\*) beside them were taken from the internet just to provide an idea of the product and therefore not an exact representation of the meal offered. Please note these will be updated in due course.